



Souls Home

CONSCIOUS CHANNEL. MEDIUM. HEALER

Your Intuition Is the Gateway to Healing

Hello lovely souls,

As we move into May, there is a gentle invitation to come back home to yourself. This month brings fresh energy, heart-opening moments, and a beautiful opportunity to listen more deeply to your inner wisdom. Your intuition is always speaking. Take a moment. Breathe.

Place your hand on your heart and notice what arises.

4 Ways to Connect More Deeply to Your Intuition

1. Create Stillness Your intuition speaks in the quiet moments. Pause, breathe and allow guidance to come.

In Integrated Energy Therapy, we create a calm energetic space to support healing and release.

2. Listen to Your Body A tight chest, calm breath, or gut feeling are all intuitive messages.

IET works with cellular memory to release stored emotional energy.

3. Trust the First Nudge Your first feeling is often your truth before doubt steps in.

4. Allow Yourself to Feel Emotions are messengers. Let them move through you.

Through IET, we invite in higher vibrations while releasing heavy emotional energy

If you feel called to go deeper, I would love to support you. I am in Perth every Friday offering: • IET • Psychic Medium Readings • Akashic Record Readings

Did you know each month I teach with like-minded spiritual healers and practitioners? Each class is \$15.00. Visit www.soulshome.ca to view the May calendar.

Corinne
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